Dog sitter checklist

DOG AND DATES

Dog's name

Breed, color and markings

Age

Dates of care: from / to

Microchip number

Microchip registry: name and phone

CONTACTS

Owner: name, phone and where you will be

Backup emergency contact: name, phone; has a key?

Regular vet: clinic, phone and address

Emergency or after-hours (out-of-hours) vet: clinic, phone and address

Pet insurance: provider, policy number and claims phone

FOOD AND WATER

Food: brand and type

Amount per meal and meal times

Treats allowed

Foods to avoid or allergies, as your vet told you

Where food, bowls and treats are kept

MEDICATION AND HEALTH

Copy medication details exactly from the label or your vet's written instructions.

Medication name and strength, as on the label

How and when to give it, as instructed by the vet

Where the medication is stored

Health conditions the sitter should know about

What your vet asked you to watch for, and when to call

PERMISSIONS AND EMERGENCIES

An agreement between you and your sitter, not a legal document.

Sitter may take the dog to our vet: yes / call me first

Vet spending limit without calling me

If I can't be reached, decisions go to

OK or not: off leash, walks with other dogs, car rides, dog park or daycare, photos online

If the dog goes missing: who to call (us, the microchip registry, local animal control or council)

Owner signature and date

DAILY ROUTINE

Morning

Midday

Evening

Bedtime and where they sleep

Walks: when, how long, leash or harness, routes or dogs to avoid

Toilet routine and favorite spots

BEHAVIOR AND HANDLING

Cues they know

Favorite games and toys

Fears or triggers: noises, dogs, people, traffic

How they show they are stressed

Good with children, visitors, other dogs?

Other pets in the home

Escape risks: gates, doors, fences

Crate, rooms and furniture rules

HOME

Where the leash, poop bags, towels and spare keys are

Doors, gates and lights: anything to know

House sitting: trash and recycling, mail, plants

Agreed way and time to send updates

BEFORE YOU LEAVE

- ☐ We went through this sheet together
- ☐ Medication in its original packaging, with the label
- ☐ ID tag on the collar; leash and harness by the door
- ☐ A recent photo of the dog is shared with the sitter
- ☐ Enough food for the stay, plus a few days extra
- ☐ The vet knows who is caring for the dog and how costs are covered
- ☐ Sitter has my phone number and a backup contact
- ☐ Spare keys and return arrangements agreed

SITTER LOG

Tick or initial each one. Write anything unusual in the notes.

Day and date	Breakfast	Dinner	Walks	Toilet	Medication given (initials)	Notes

Free from pawsanddays.app. For organizing information only, not veterinary advice. Follow your vet's instructions.